

SENSORY INTEGRATION THERAPY AID AND METHOD

ABSTRACT OF THE DISCLOSURE

Sensory stimulation of a human person, particularly a patient with a cognitive deficiency such as dementia, autism or the like, is facilitated by supplying the person with a densely weighted article to be held in the hands or on the lap, or placed over a shoulder or similarly engaged manually. The article can have a flexible fabric envelope containing a loose fill material for weight. The article is sized to a length and width approximately sufficient to cover a lap or lay over a shoulder. In exemplary embodiments, the article has a flattened fully filled fabric envelope in the outline shape of an animal such as a dog or teddy bear, with a filled thickness sufficient to produce an overall weight of about five pounds. The substantial weight of the article has been found to improve its usefulness as a sensory reference.